Adalata Naman		
Athlete Name:		
Coaches Name:	Sam Hewick	
Date:	26/03/2015	
Student Name	Alfie Dunk	
[INSERT SPORT & LEVEL]	Enter Your Score:	Coaches Score:
Aerobic Fitness	7	7
Flexibility	8	7
Muscular Endurance	7	6
Strength	7	7
Speed	6	7
Body Composition	4	5
Balance	8	8
Co-ordination	6	6
Reaction Time	6	6
Power	7	8
Agility	2	5
Concentration	5	7
Use of Skills	7	8
Control of Anxiety	7	7
Tactics	5	5
Defence at scrums	6	7
Lineout Calls	7	8
Agression	5	8
Total out of 200:	110	5

A score of 10 is: National Level A score of 8 is: Divisional Player A score of 6 is: County Player

A score of 6 is: County Player
A score of 4 is: First Team college player
A score of 2 is: Development team player
A score of 0 is: Development team bench

